



HEALTHY BODY, MIND & SPIRIT

FREE ADMISSION, ALL AGES ARE WELCOME

Sat Oct 14, 10am-5pm • Sun Oct 15, 11am-5pm, 2023



eugene health & wellness expo

At The Lane Events Center - Expo Halls

- Receive Health & Wellness Screenings
- Learn From Medical & Alternative Health Experts
- Find Out About Lifestyle & Recreational Resources
- Receive Information On Nutrition, Weight Loss, Vitamins And More
- Physical Activities & Exercise Training
- Sample Natural Foods & Products
- Talk To Financial Advisors On Financial Health
- Learn About The Best Insurance For You
- Vendor and Sponsor Opportunities Available
- Educational Seminars and Demonstrations Presented Both Days of the Event
- Concessions With Healthy Food Items

